

Read...Memorize...Meditate

"Be morphed by the renewal of your mind." (Romans 12:2)

- ▶ **On these cards are passages to read and passages to memorize.**
- ▶ **Make the cards yours. Write all over them.**
- ▶ **Don't sprain your brain. On the back of each memory card is a simple system for review.**
- ▶ **Pick one or two times a day when you'll review the cards. Consider first thing in the morning and last thing at night. It's a great way to start and end your day. You'll sleep better.**
- ▶ **Truly memorize them. Meditation will follow. You'll be changed.**
- ▶ **Memorize the reference as well. You'll be glad two years from now when you're in rich conversation with friends looking for that verse that changed your life.**
- ▶ **If you get stuck on a passage that's not doing anything for you, skip it.**

WEEK 1

Scripture Reading

Romans 1–2

(Read at your own pace or follow the suggested reading plan below.)

Related Passage

Psalm 19

(Nature itself testifies to the goodness of God, so humanity is without excuse.)

Suggested Daily Reading Plan

- | | |
|---|---|
| <input type="checkbox"/> Day 1—Romans 1:1-7 | <input type="checkbox"/> Day 4—Romans 2:1-16 |
| <input type="checkbox"/> Day 2—Romans 1:8-17 | <input type="checkbox"/> Day 5—Romans 2:17-29 |
| <input type="checkbox"/> Day 3—Romans 1:18-32 | <input type="checkbox"/> Day 6—Psalms 19 |

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.

Ezekiel 36:26-27, NIV

But the fruit of the Spirit is love, joy, peace, patience,
kindness, goodness, faithfulness, gentleness and self-control.
Against such things there is no law.

Galatians 5:22-23, NIV

WEEK 2

Scripture Reading

Romans 3–4

(Read at your own pace or follow the suggested reading plan below.)

Related Passage

Acts 10

(Peter wrestles with the question of whether salvation is available to the Gentiles.)

Suggested Daily Reading Plan

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|---|---|
| <input type="checkbox"/> Day 1—Romans 3:1-8 | <input type="checkbox"/> Day 4—Romans 4:1-12 |
| <input type="checkbox"/> Day 2—Romans 3:9-20 | <input type="checkbox"/> Day 5—Romans 4:13-25 |
| <input type="checkbox"/> Day 3—Romans 3:21-31 | <input type="checkbox"/> Day 6—Acts 10 |

Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!

2 Corinthians 5:17, NIV

Once you were alienated from God and were enemies in your minds because of your evil behavior. But now he has reconciled you by Christ's physical body through death to present you holy in his sight, without blemish and free from accusation—if you continue in your faith, established and firm, not moved from the hope held out in the gospel.

Colossians 1:21-23, NIV

WEEK 3

Scripture Reading

Romans 5–6

(Read at your own pace or follow the suggested reading plan below.)

Related Passage

Colossians 3:1-17

(Paul writes similar admonitions in his letter to the Colossians.)

Suggested Daily Reading Plan

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|---|--|
| <input type="checkbox"/> Day 1—Romans 5:1-6 | <input type="checkbox"/> Day 4—Romans 6:1-14 |
| <input type="checkbox"/> Day 2—Romans 5:7-11 | <input type="checkbox"/> Day 5—Romans 6:15-23 |
| <input type="checkbox"/> Day 3—Romans 5:12-21 | <input type="checkbox"/> Day 6—Colossians 3:1-17 |

For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

2 Corinthians 10: 3-5, NIV

No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.

1 Corinthians 10:13, NIV

WEEK 4

Scripture Reading

Romans 7

(Read at your own pace or follow the suggested reading plan below.)

Related Passage

Ezekiel 37:1-14

(Through the prophet Ezekiel, God brings to life a collection of dry bones as a way of illustrating the resurrection power available in the Spirit.)

Suggested Daily Reading Plan

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|--|--|
| <input type="checkbox"/> Day 1—Romans 7 | <input type="checkbox"/> Day 4—Romans 7:14-25 |
| <input type="checkbox"/> Day 2—Romans 7:1-6 | <input type="checkbox"/> Day 5—Romans 7 |
| <input type="checkbox"/> Day 3—Romans 7:7-13 | <input type="checkbox"/> Day 6—Ezekiel 37:1-14 |

Now faith is being sure of what we hope for and certain of what we do not see.

Hebrews 11:1, NIV

Then they asked him, "What must we do to do the works God requires?" Jesus answered, "The work of God is this: to believe in the one he has sent."

John 6:28-29, NIV

WEEK 5

Scripture Reading

Romans 8

(Read at your own pace or follow the suggested reading plan below.)

Related Passage

Galatians 5

(Paul writes about life by the Spirit in his letter to the Galatians and relates this to our freedom in Christ.)

Suggested Daily Reading Plan

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|---|---|
| <input type="checkbox"/> Day 1—Romans 8:1-11 | <input type="checkbox"/> Day 4—Romans 8:28-39 |
| <input type="checkbox"/> Day 2—Romans 8:12-17 | <input type="checkbox"/> Day 5—Romans 8 |
| <input type="checkbox"/> Day 3—Romans 8:18-27 | <input type="checkbox"/> Day 6—Galatians 5 |

Since we live by the Spirit, let us keep in step with the Spirit.

Galatians 5:25, NIV

Remain in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.

John 15:4-5, NIV

WEEK 6

Scripture Reading

Romans 9–11

(Read at your own pace or follow the suggested reading plan below.)

Related Passage

Genesis 15

(God's covenant with Abraham—formerly called Abram—to bless his descendants, the nation of Israel.)

Suggested Daily Reading Plan

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|---|--|
| <input type="checkbox"/> Day 1—Romans 9:1-29 | <input type="checkbox"/> Day 4—Romans 11:1-24 |
| <input type="checkbox"/> Day 2—Romans 9:30–10:4 | <input type="checkbox"/> Day 5—Romans 11:25-36 |
| <input type="checkbox"/> Day 3—Romans 10:5-21 | <input type="checkbox"/> Day 6—Genesis 15 |

Dear friends, now we are children of God, and what we will be has not yet been made known. But we know that when he appears, we shall be like him, for we shall see him as he is.

1 John 3:2, NIV

And we, who with unveiled faces all reflect the Lord's glory,
are being transformed into his likeness with ever-increasing
glory, which comes from the Lord, who is the Spirit.

2 Corinthians 3:18, NIV

WEEK 7

Scripture Reading

Romans 12–14

(Read at your own pace or follow the suggested reading plan below.)

Related Passage

Ephesians 4–5

(Paul gives similar instructions to the Ephesians about living in unity and peace with one another through the Spirit.)

Suggested Daily Reading Plan

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|---|--|
| <input type="checkbox"/> Day 1—Romans 12:1-8 | <input type="checkbox"/> Day 4—Romans 14:1-12 |
| <input type="checkbox"/> Day 2—Romans 12:9-21 | <input type="checkbox"/> Day 5—Romans 14:13-23 |
| <input type="checkbox"/> Day 3—Romans 13:1-14 | <input type="checkbox"/> Day 6—Ephesians 4–5 |

Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.

1 Timothy 4: 7-8, NIV

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Romans 12:2, NIV

WEEK 8

Scripture Reading

Romans 15–16

(Read at your own pace or follow the suggested reading plan below.)

Related Passage

Acts 27–28

(This passage gives a vivid description of the trials that Paul faced at the end of his life and explains how he finally arrived in Rome.)

Suggested Daily Reading Plan

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|--|--|
| <input type="checkbox"/> Day 1—Romans 15:1-13 | <input type="checkbox"/> Day 4—Romans 16:1-16 |
| <input type="checkbox"/> Day 2—Romans 15:14-22 | <input type="checkbox"/> Day 5—Romans 16:17-27 |
| <input type="checkbox"/> Day 3—Romans 15:23-33 | <input type="checkbox"/> Day 6—Acts 27–28 |

For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal.

2 Corinthians 4:17-18, NIV

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us.

Hebrews 12:1, NIV

Additional Scripture Memory Passages

Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.

Matthew 7:24, NIV

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

Ephesians 6:12, NIV

Because the Sovereign LORD helps me, I will not be disgraced.
Therefore have I set my face like flint, and I know I will not be
put to shame. He who vindicates me is near. Who then will
bring charges against me? Let us face each other! Who is my
accuser? Let him confront me!

Isaiah 50: 7-8, NIV

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

Romans 8:28, NIV

Affirmation Statements

Scripture:

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Declarations

Declaration:

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