

HEARTSTORMING

Part II



HONEST ASSESSMENT

The exercise that follows is designed to give an honest assessment of what a fulfilled desire will or will not deliver. Specifically, you are encouraged to consider desires related to trust and security. This exercise is very simple, but when considered prayerfully and carefully, it is profound and important.

As you'll discover, the purpose is not to find desires that are *right* or *wrong*. In this category, the desires will often prove highly legitimate. The purpose is to give consideration to the potential for misplaced trust. Jesus himself speaks to both the legitimacy of certain desires while also underscoring their potential to be misplaced. In one place we hear him pray, "Give us today our daily bread" (Matthew 6:11). In another place we hear him teach, "Man does not live on bread alone" (Matthew 4:4). He doesn't say, "Forget bread...who needs bread?" Rather, through these multiple statements, he guides us to consider the desires of our hearts. What's central? What's peripheral? What's primary? What's secondary? Carry these thoughts with you.

And here again, color outside the lines.

FIRST STEP—IDENTIFY A SECURITY GROUPING

- Flip back to the previous Morph Me section found in Week One.
- Look at the third step, *Theming*, and identify any themes of *Security*.
- If there isn't a group dealing with *Security*, give honest consideration to whether or not the lack of this category is a true reflection of your heart or just an area you've yet to identify. Consider other groupings and see if any of them were taken deep enough or if you have desires not yet identified.
- Once identified, keep a finger on that page and come back here.

SECOND STEP—IDENTIFY WAYS YOU'RE SEEKING SECURITY

Glance at the page where you unloaded your desires and consider those desires grouped into a security grouping. Consider those desires, and then consider other ways this desire may be seen in your life. List these after "by."

I am searching for security by...

THIRD STEP—TWO QUESTIONS

If everything is gained after the "by," what will these desires truly deliver?

If everything is gained after the "by," what won't these desires truly deliver?

FOURTH STEP—DISSONANCE OR RESONANCE

Is this group likely to experience dissonance or resonance (satisfaction or frustration)? Why?