

Week One

Conversations with People

RUNNING PARTNERS' GUIDE



INITIATE MEETING

- ▶ Designate someone to pray. Before praying...
 - Read the Running Partner Values (page 15) aloud.
 - Sit silently for thirty seconds to individually pray and to slow yourselves down.

DISCUSSION QUESTIONS

- ▶ What aspect of the reading most captured your attention?
- ▶ By asking “Why?” what deep desires did you discover about yourself?
- ▶ As best you can tell, to what degree will your surface desires satisfy your deep desires?
- ▶ In the fifth step (Observations), you were asked, “*How do the desires of your heart influence your perspective of what you do with the greatest part of your day?*” How did you answer this question?
- ▶ In the fifth step (Observations), you were asked, “*How do the desires of your heart influence your perspective on God? Do the desires of your heart make you more or less interested in his will?*” How did you answer this question?

SUMMARY QUESTION

- ▶ What is the most important observation you have made so far?

PRAYER

- ▶ Pray for each other. As you do, pray for the realities in each person’s daily life, but be certain to pray for each person in light of the conversation you just had. Pray for God’s guidance as you discover more about him and more about yourselves.

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Week 1, Conversations with People, p. 38