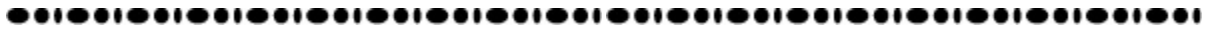


Week Seven
Conversations with People

RUNNING PARTNER GUIDE



INITIATE MEETING

- ▶ Designate someone to pray. Before praying...
 - Read the *Running Partner Values* (page 11) aloud.
 - Sit silently for thirty seconds to individually pray and to slow yourselves down.

DISCUSSION QUESTIONS

- ▶ Reading
 - What is spiritual training and why is it important?
 - How have you tried to live out the imperatives of “I must worship” and “I must train” over the last two weeks? Where were you successful? Where were you unsuccessful?
- ▶ Morph Me
 - What influences, healthy or unhealthy, did you identify that feed and shape your inner person?
 - What declarations did you make this week? How will you implement these in your life?
- ▶ Conversations with God
 - What insights did you gain from this week’s Romans reading (chapters 12–14)?
 - According to these chapters, what is the result of a transformed life? How can you apply this to your own life?
 - Which Scriptures did you memorize this week? What did you learn from them? How have they impacted your life? Practice reciting them to each other.

PRAYER

- ▶ Pray for each other. As you do, pray for the realities in each person’s daily life, but be certain to pray for each person in light of the conversation you just had. Pray for God’s wisdom, guidance, and strength for each person as they face anticipated future challenges. Pray for the fruit of the Spirit to be evident in each person’s life.

RUNNING PARTNER GUIDE

Week 7, Conversations with People, p. 196