

**Week Five**  
**Conversations with People**

# **RUNNING PARTNER GUIDE**



## **INITIATE MEETING**

- ▶ Designate someone to pray. Before praying...
  - Read the *Running Partner Values* (page 11) aloud.
  - Sit silently for thirty seconds to individually pray and to slow yourselves down.

## **DISCUSSION QUESTIONS**

- ▶ Reading
  - What insights did you gain from the reading?
  - How have you tried to live out the imperatives of “I must trust” and “I must walk by the Spirit” over the last two weeks? Where were you successful? Where were you unsuccessful?
  
- ▶ Morph Me
  - Take turns explaining your affirmations. Those who got stuck in the exercise, explain as much as you can, and ask the others for guidance and ideas.
  
- ▶ Conversations with God
  - Your Scripture reading for the week (Romans 8) described the difference between a life lived according to the Spirit versus a life lived according to the sinful nature. Which description does your life at this point most closely reflect? Why?
  - Which Scriptures did you memorize this week? What did you learn from them? How have they impacted your life? Practice reciting them to each other.

## **PRAYER**

- ▶ Pray for each other. As you do, pray for the realities in each person’s daily life, but be certain to pray for each person in light of the conversation you just had. Thank God for his transforming work in each person’s life.

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Week 5, Conversations with People, p. 150