

**Week One**  
**Conversations with People**

# **RUNNING PARTNER GUIDE**



## **INITIATE MEETING**

- ▶ Designate someone to pray. Before praying...
  - Read the *Running Partner Values* (page 11) aloud.
  - Sit silently for thirty seconds to individually pray and to slow yourselves down.

## **DISCUSSION QUESTIONS**

- ▶ Which fruits of the Spirit did you assess highest? Is this accurate? Why are these fruits more prevalent in your life?
- ▶ Which fruits of the Spirit did you assess lowest? Is this accurate? Why are these fruits less prevalent in your life?
- ▶ What statements did you asterisk? Were there statements that were particularly revealing?
- ▶ How would your life be different if you were able to live out all of the fruits of the Spirit?
- ▶ What do you think blocks you from living a life filled with the fruits of the Spirit?

## **BIG PICTURE QUESTION**

- ▶ What excites you about the next seven weeks? What scares you about the next seven weeks?

## **SCRIPTURE READING AND MEMORY**

- ▶ How have your Conversations with God gone so far?
- ▶ Have you started to memorize any of the Scriptures on your memory cards? If so, practice reciting them to each other.

## **PRAYER**

- ▶ Pray for each other. As you do, pray for the realities in each person's daily life, but be certain to pray for each person in light of the conversation you just had. Pray for the fruit of the Spirit to grow in each person's life.

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Week 1, Conversations with People, p. 44